

Annual report – Thirteenth Year January 2018 – December 2018



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The CEPIA organization in 2018

1. Introduction

This annual report is about the programs, projects and activities that CEPIA has developed during 2018. 13 years have already passed innovating and investing in the guanacastecan communities to improve the education, both the physical and mental health and finding opportunities of development to overcome socioeconomic barriers. The results are quantitatively visible in all activities where this is possible. It is important to emphasize that at a qualitative level, it is difficult to demonstrate the impact of the actions carried out, the changes in life of small boys and girls, teenagers and families, as well as the gradual impact in the communities in which we operate. The theoretic model of our programs is to be found on our website <https://cepiacostarica.org/es/programs/>.

The executive committee of CEPIA keeps on being committed to raising money and ensuring the longevity and transparency of the organization. In 2018, the executive committee was composed of Courtney Borquet, Laetitia Deweer, Simona Daniele, Annginette Arroyo, Victoria Zoch, Natalia Gallego, Melina d'Alolio and Yves Deweer.

In 2018, services could be provided to a total of 2 273 minors in the different programs. Equally, comprehensive help could be brought to 808 adults (without taking punctual aids or donations into account).

CEPIA's staff has increased, is very much committed and provides technical quality.

Special thanks to Max Chaves, César Abarca, Ana Laura Zelaya, Graciela Gómez, Claudia Angulo, Karla Marin, Natasha Guerrero, Karen Ruiz and Juliet Ortiz as well as to the dedicated executive Board of Directors of CEPIA.

Lauren Morún

Executive Director

CEPIA association

Huacas, Guanacaste, July 2019

2. Organization, reason for its existence and management

2.1 The “what” and the “why”

CEPIA opened its doors in 2005 as a non-profit association. Currently it is declared of public utility and has the mission of promoting the cultural development, educative and working opportunities, the physical and mental health, the social cohesion and the participation of the children, boys and girls and teenagers and their low-income families in Guanacaste (Chorotega region, Costa Rica) to improve their quality of life.

CEPIA offers services to about 19 coastal communities of Santa Cruz, Guanacaste. In these communities, a series of psychological, socioeconomic as well as protection problems have been detected which CEPIA approaches through various programs. Here some contextually relevant data:

The National Household Survey (Enaho) results for 2018 show that the percentage of households in extreme poverty increased by 0.6 percentage points (pp), going from 5.7% in 2017 to 6.3% in 2018. In absolute terms, it represents an increase of 12 371 households; going from 86 663 households in 2017 to 99 034 in 2018. The incidence of poverty is 22.9%, which in absolute terms represents 1 142 069 people in 2018, this corresponds to an increase of 0.8 pp compared to 2017, which represents 49 666 more people living in poverty. The percentage of the population living in extreme poverty is estimated at 7.2%, 1.0 pp more than the previous year, which corresponds to 360 783 people with an income per capita lower than the basic food basket in 2018, 54 273 people more than in 2017. In addition, there is an increase in the registered unemployment of extreme poor people of 23.3% in 2018. The area where the level of poverty experienced the highest increase is Chorotega, specifically from 22.4% in 2017 to 26.0% in 2018, which represents an increase of 3.6 pp and that shows how important CEPIA’s community work is for this area.

11.0% of the teenagers between 13 and 17 are not participating in the educative system. According to the National Household Survey (Enaho) dated 2018, the population that does not study or work includes 11.7% of the teenagers between 15 and 24. Nevertheless, in the most peripheric areas (such as Guanacaste), this percentage is higher than 16%. The probability to end high school for the group between 18 and 22 increased from 43.9% in 2010 to 50% in 2014.

Concerning the excess weight and obesity, the number boys and girls concerned approaches 14.9%. In 2008, it was 21% and in 2016 it reached 34%, the equivalent of 118 078 minors. The “Estudio Latinoamericano de Nutrición y Salud” (ELANS) published in 2016, has determined that Costa Rica is the second country of Latin America with major prevalence of excess weight and obesity. The study also revealed that 32.6% of the population between 15 and 65 showed excess weight and 30.6% suffered from obesity according to the body mass index (IMC), that is to say 2 out of 3 men and women had excess weight. Costa Rica passed from a level of malnutrition above 50% to an index of obesity of 34% in less than 60 years, which became a true

epidemic, as it was revealed during the inauguration of the day of the nutrition school of the university of Costa Rica 2019.

The proportion of female-headed households was doubled within 25 years: passing from 17% in 1987 to 39.1% in 2018. In 2018, one person out of three was living in such a household. Female-headed households were representing 39.1% of the households of the country, but if considering the level of poverty, 47.8% of the households were poor and 46.0% extremely poor. Likewise, the extend of poverty is greater in female-headed households without a partner but with children (36.6%) and lower for women without a partner and without children (16.5%).

According to the third edition about gender violence in Costa Rica between 2012 and 2016, a total of 386 women should be paid attention to by the INAMU for being in an imminently hazardous situation, being victims of various types of violence. In accordance with the observatory of gender violence against women and access to justice, between the 1st of January 2010 and the 31st of December 2018, 433 483 security measures were requested, with an average of 132 security measures a day. In most of the cases, women requested protection against men (couple, spouse, brother, father, uncle, grandfather, boyfriend, cousin among others) as reflected in the graphics of protection measures according to the gender of the people involved and the provinces, elaborated by the Statistics Center of the Planning Department for 2018.

Children, boys and girls, are often in difficult familiar situations and public psychological support is almost non-existent. Psychological therapy sessions for a victim of violence or abuse are proposed every 3 months approximatively by the public health care system. CEPIA offers clinical psychological service free of charge that is unique in the area.

Public health is very deficient: sick people have to queue at 3 am to get an appointment. The health care management of the Social Security Fund at a meeting with the entity of the Defensor (on October 31st, 2018) informed at this date that there was an increase of 12% in the existing waiting list. The corresponding data comes from the institute for health statistics of the Costa Rican Department of Social Security and match with the sample of the 6th of December which indicates that there is a list of 40 724 patients waiting for an appointment, but it does not give any information on the existence of a specific containment plan as regards to this situation.

Illegal drug trade is powerful in Guanacaste and high poverty facilitates the participation of young people and adults in the illegal market. Making money by selling drugs is very easy when there are so few opportunities of education, training and employment with good salaries and stability.

Employers and employees have expressed the great need to receive training in hotel management and tourism, accounting, infant care, professional cleaning, among others, so that the local population can be integrated in the workforce and find their way out of poverty. In addition, farmer knowledge has been lost among young generations and the survival of domestic agriculture is in danger.

There is an urgent need to provide care to babies and children of working women. Working mothers do not have access to any professional care for their babies during the entire

working day, which generates less employment opportunities to women, less early stimulation for babies, more probabilities of risk situations (sexual abuse due to carelessness, emotional and nutritional neglect and mistreatment from non-professional caregivers) and increasing poverty for minors living with single mothers.

The government's social services are fragmented: there is no coherent, efficient and sustainable comprehensive attention for minors at social risk. In Costa Rica, there are several social programs proposed by the government that have no connection one to the other and that support a same population or disregard some invisible groups (illegals or very poor). That is the reason why alliances between the public and the private sector are so important to enable NGOs such as CEPIA to reach populations that do not have access to other services.

These social and economic factors both at the micro and the structural level contribute to high-risk situations for young people: violence, drug use, school exclusion, mental and physical illness, criminality, integration to bands, drug dealing, sexually transmitted diseases, suicides, commercial sexual exploitation and extreme poverty. A risk-related situation leads to less employment opportunities, lower life quality and an insecure and unhappy community.

2.2 CEPIA's team in 2018

In 2018, the board of directors was composed of the 7 following persons:

Courtney Borquet (USA-CR), *President*

Laetitia Deweer (Belgium-CR), *Vice President*

Simona Danielle (Italy-CR), *Secretary*

Victoria Zoch (CR), *Fiscal*

Natalia Gallego (CR), *Treasurer*

Melina d'Alolio (CR), *Spokeswoman 1*

Annginette Arroyo (CR), *Spokeswoman 2*

Yves Deweer (Belg-CR), *Spokesman 3*

The same year, CEPIA counted 8 personal:

Msc. Lauren Morún, MBA; Lic. In psychology, MBA, executive director.

Lic. Max Chaves, office manager and lawyer.

Bach. César Abarca, administrative assistant.

Msc. Claudia Angulo, clinical psychology and coordinator of health programs.

Lic. Ana Laura Zelaya, educator and coordinator of the comprehensive daycare program.

Graciela Gómez, Natasha Guerrero and Julieth Ortiz, educators for the comprehensive daycare program.

Within the different programs, the following professionals were hired:

- Lcda. Daniela Castro Villalobos, social worker
- Msc. Ana Francis Rosales, young entrepreneurs' program.
- Bach. Karia Mann, young entrepreneurs' program.
- Licda. Wendy Abarca: volunteers' program and extracurricular classes
- Lic. Katha García, girls' club
- Josué Mejía, music teacher for children and teenagers
- Bach. Fabio Juárez Ruiz, physical education teacher.
- Lic. Karen Ruiz, physical therapist for handicapped minors.

95 Costa Rican volunteers and residents continuously participated in CEPIA

during 2018:

Andrea Mena Castro, Adam Hosny Spooner, Alexandra Hill, Alice Friedenson, Aloys Riascos, Almandine Marrero, Amy Della Rocca, Andrea Diaz, Anthony Luis Delgado Medina, Belquis Rosales, Carla Rowlings, Carlos Ugalde, Caroline Durham, Catalina Rojas, Cathy Deweer, Cathy Maucourant, Chelsea Lisasius, Cindy Moreira Salas, Danielle Ahlberg, Debbie Marcos, Mary Byerly, Deborah McLeod, Diana Fuente, Diane Chakaipa, Donna Leung, Edison Seas Morun, Egda Karolina Castillo Castro, Elisabeth Daly, Ernst Van Der Poll, Fernando Villalobos, Filemon Berrios Fajardo, Gabriela Meza Fonseca, Gaby Abarca, Geneva Garcia-Ellen, Geovanny Espinoza, Gill Campos Mora, Gretel Cruz, Hero Academy, Jairo Gutierrez Rosales, Janis Zloto, Jason Lascarez Jimenez, Jerome Daniel Flament, Karla Herrera, Kathia Garcia, Keith Thompson, Kevin Smith Arcia, Kristina Ullrich, Laetitia Deweer, Linda Rhines, Lindsay Losasso, Lindsey Lefkow, Lis Garcia, Liseth Valerio Alvarez, Luciano Leao, Mar Ibarra, Marcela Porras, Maria Isabel Zonensain Jurado-Blanco, Maria Lopez, Marianela Soledad Ibarra, Marilu Caravaca Aguirre, Marissa Floyd, Martha Hayward, Megan Early, Meilin Arleth Espinoza Bran, Melina D'Alolio, Melissa Molina Murillo, Michelle Bless, Michelle Macluf, Miguel Angulo Loria, Nadereh Tadjik, Natalia Gallego, Natasha Avrith, Nathan Lambert, Nicole Rangel, Nikki Griffith, Pablo Gutierrez, Patty Mears, Rachel White, Rebeca Taylor, Richard Ramirez, Rita Ashley, Roberto Marchena, Rocio Villalobos, Ruth Waldman, Sara Contreras M., Shawna Peters, Sheila Hoy, Sue Kallis, Vanessa Keen, Victoria Zoch, Vivian Fernandez, Wendy Abarca

In 2018, CEPIA received 34 temporary voluntary workers and university students.

You will find attached the complete list of their educational institutions.

3. Programs

3.1 Extracurricular classes and camps

The objective of these programs is to stimulate the active citizenship, environmental protection, health, sports and the social skills of minors at social risk and/or vulnerability.

3.1.1 Extracurricular classes

In 2018, a total of **735** children, boys and girls, benefited of extracurricular classes in their communities, **325** during the first semester and **410** during the second one. These classes in the areas of sport, art, culture, education and leisure activities are given in 19 communities, with the help of companies, schools, community organizations and volunteers. You will find all details regarding the activities and the number of minors participating in these activities in the appendices attached.

Some of the more important programs offered by extracurricular classes regarding prevention are the **Girls' Club**. In 2018, a total of **79** girls successfully graduated from the CEPIA "Girls' Club" program. In March, 15 girls graduated in the community of Portegolpe 15 and 8 in that of Potrero. In April in El Llano, Santa Rosa and Matapalo 12 girls graduated in each community. In December, 12 girls from Villarreal and 8 from Hernández also graduated. This program is particularly important in the prevention against gender violence and sexual abuse. Each year, about 10% of the girls attending the program reported a situation of sexual abuse.

3.1.2 Camps

The 7 camps organized during the year were attended by an approximate total of **657 children, boys and girls**.

The traditional summer camp takes place during four days in January, providing recreative, sports, artistic, cultural and learning activities to **125** children, boys and girls. In March, thanks to the participation of the Hyde Park School, a camp took place in the community of Villarreal with **108** boys and girls each day, bringing much fun and recreative activities and developing healthy relationships. During four weeks in April and May and thanks to Beyond Sports and the Jungle Gym of Flamingo, a total of **50** boys and girls coming from Huacas, Brasilito, Matapalo and Potrero participated in sporting camps. In May, **14** boys and girls of CEPIA participated in the Súper Héroes de Costa Rica camp, thanks to Punto Surf and Fundación Súper Héroes. In July, **120** boys and girls enjoyed many activities, games, workshops, also activities based on music and arts and many other distractions during the mid-year holiday camp. Thanks to the company Remote, **150** boys and girls from Huacas, Villarreal and Brasilito were able to enjoy one day of camp in November. Finally, in December, the annual open doors event of for the boys and girls of extracurricular classes enabled **90** minors to meet on the premises of CEPIA.

3.2 Health programs

In 2018, **960 consultations** occurred in all the services of integral health: clinical psychology, homeopathy, osteopathy, infantile therapeutic yoga, acupuncture and physical therapy. See details below:

- **534** appointments in **clinical psychology**
- **226** appointments in **physical therapy** for handicapped minors (between therapy, stimulation and hydrotherapy)
- **99** treatments with **homeopathy**
- **32** treatments with **osteopathy**
- **52** treatments with **acupuncture**
- **17** treatments with **therapeutic yoga** for minors

3.2.1 Psychology and family education

During 2018, **134 cases** of minors (PME) were accounted in the department of clinical psychology. From these 134 cases, **5** corresponded to processes having started in 2016, **16** having started in 2017 and **113** new cases in 2018. In that year, 534 treatments were given in clinical psychology.

The main motives for consultation in clinical psychology in 2018 were:

- Firstly, behavior disorders and family conflicts (**45%**) related to the presence or development of other symptoms such as depressive symptoms, anxiety, among others.
- Secondly, learning disorders (6%).
- Thirdly, **sexual abuse** (3%).
- Fourthly, **suicidal thinking, suicidal behavior and self-mutilation** 2%
- It is important to point out that during 2018, 2 motives for a consultation were **inappropriate relationship**, this being coupled with 3% of sexual abuse cases, strengthen the necessity of working on prevention of sexual abuse and gender violence.

Based on the interventions realized in clinical psychology, the following **interinstitutional references** were implemented:

80% of the cases did not require any reference, **9% were sent to valuation and corresponding medications to the Social Security Fund** due to self-harming behaviors, anxiety disorders, psychotic symptomatology and **attention deficit disorder**. **5% to PANI** for protection processes and imminent risk of domestic violence, inappropriate relationship / sexual abuse, negligence and physical aggressions towards PME. **4% of social work** for the socioeconomic assessment of the PME and family members.

Regarding **educative talks and workshops** about psychology for internal projects of CEPIA, there were **26** that can be broken down as follows:

- Internal programs: **17 talks**
- Parents from the internal CIDAI and CECUDI programs: **9 workshops**
- CEPIA Women's Groups: **3 workshops** for a group of women (basic I chocolate shop, desserts (tiramisu with cookies), basic II chocolate shop)
- Mothers from physical therapy: **2 workshops** (mourning, prevention against burnout)
- In collaboration with the public force and the area for preventive programs **2 workshops intended for a group of young people** were provided (violence in the relationship, prevention of drug use and its legal aspect).
- Physical therapy: **2 talks** (mourning, self-care and seclusion)

Home visits: 7 home visits were made for specific patient cases.

OTHER PROCESSES:

- Psychological reports were written about the boys and girls participating in the comprehensive daytime care programs.
- In some specific cases or within the framework of a therapy, it has been organized to work with families in the legal field with the support and recommendations of Lic. Max Chaves (interdisciplinary approach).
- Writing of the comprehensive health project (follow-up), with care models for minors and their families.
- Psychological care was given to a group of women (modality support in crisis).
- Psychological care was given to young people of CEPIA (Youth group).
- Psychological care in processes of intervention during crises originated by the community.

3.2.2 Physical therapy for handicapped minors

The objective of the program is to bring better quality of life to the handicapped child-youth population by means of physical therapy, cognitive and sensorial stimulation, art therapy and hydrotherapy.

In 2018, **17** handicapped minors received care in this department with a total of **226 treatments** (including 211 of physiotherapy, 7 hydrotherapy sessions, 7 stimulation and art therapy sessions and 1 music session). 11 people kept on being assisted during the whole year, while 6 were absent due to poor health but are still provided follow-up.

The population also participated in the Christmas party and to camps organized by CEPIA, received donations of clothes and other basic needs, aid to be transported to the activities and workshops from the clinical psychology service.

3.2.3 Sexual and reproductive rights of women

During 2018, a new health care project was started at CEPIA. It regards the **Life Project Woman** whose goal is to protect and promote the sexual and reproductive rights of women with limited resources. Thanks to a partnership between the Paul Chester Foundation from the United States, the Beachside Clinic in Huacas and CEPIA. With the indispensable aid of Adam Paer, Hotel Seis Playas, Alexandra Hill, Karla Herrera, Janis Zloto, Linda Rhines, Dr. Yu, Nathalie Merchie, Geneva Ellen, Ashley Javogue, Simona Daniele and the general coordination of Laetitia Deweer.

In 2018, **140** women could benefit the free insertion of an intrauterine device to be protected from getting pregnant during up to 10 years. The project went on in 2019 and was proposed to a total of 1 000 women.

3.3 Comprehensive daytime care programs for minors

3.3.1 CIDAI program: comprehensive daytime care centers for children

The daytime care center for children seeks to provide comprehensive attention, care, stimulation and bilingual education to encourage the development of the cognitive, physical and emotional capabilities of boys and girls between 2 and 12 years of age. Young people between 13 and 17 who do not go to school or college for any reason are also attended. In 2018, comprehensive holistic development was promoted, with a population of **78** minors (PME) in extreme poverty or vulnerability. Services for four groups of age: child care from 2 to 4 from 7 am to 4 pm. Homogeneous group (maternal - transition) from 4 to 6 with educational service from the MEP from 7 am to 4 pm. Elementary from 7 to 12, after-school schedule from 7 am to 12 pm / 12:30 pm to 4 pm. Young people from 13 to 17 from 7 am to 12 pm.

All PME received:

- **Educational** support: learning tutoring, in groups and individually, socio-emotional development and English. 100% of the population approved the current school year.
- **Professional care:** monthly workshops in psychology, as well as individual and family care. The evaluation of the minors made by professionals on a scale of 1 to 5 gave a result of 4,6 of satisfaction.
- In the **health** sector: 80% have a healthy nutritional state, they receive both a menu made by a nutrition professional and talks about healthy food. Furthermore,

50% of the population are treated by a dentist, monitoring the minors' dental health.
100% of the population count on free medical consultation in a private clinic.

- In the **cultural sector**: 100% of the population received art and music lessons. A folkloric dance group named "Cuasrán" was found with the primary children. The Youth group attended the civic center of Santa Cruz to receive art and music lessons.
- **Sport and recreation**: 100% of the PME had daily sports classes, also 50% of the population attended swimming classes, martial arts and surf.

The different groups did **tours**: 35 PME visited África Mía and got to know the animals. 30 PME had a tour on a catamaran getting to know the coast and how to care for sea animals. 25 PME visited the Diamante Eco Adventure Park and enjoyed both getting to know their animals and practicing canopy. 30 PME received talks from the MINAE. Visiting beaches (Tamarindo, Brasilito, Playa Grande) with the different groups.

- Networking with the **community**: the PME participated in voluntary work cleaning the beaches, cleaning Huacas, learning different ways of recycling with a talk offered by La Paz Community School's second-grade group.

This program is financed by the National Child Welfare Agency (PANI), the Joint Social Aid Institute (IMAS), the Social Care Board (JPS) and private donations.

3.3.2 Youth at social risk

In 2018, the program for young entrepreneurs and creative youth was held in CEPIA for the tenth year in a row and intended to offer comprehensive care to young people excluded from education and being at social risk. In 2018, the program was opened with a total of **20 young people** and a total of **26 were attended it during this year**, all of these being at high social risk such as college exclusion, poverty, drug dealing and / or drug use, family violence, among other factors. The goal of this program is to bring development opportunities to teenagers with English lessons, computing, sports, arts and music during the whole year ; as well as workshops on human rights, skills to avoid consuming drugs, inappropriate relationships with the collaboration of the psychology area and preventive programs from the Ministry of Public Security ; furthermore, workshops about sexuality, team work and self-esteem, among others.

During this period, activities were proposed within the framework of the commemoration of International Day for the Elimination of Violence Against Women, developing other learning spaces with other organizations such as workshops and music festivals.

It is important to point out that, from September to December 2018, young people were picked up while being integrated in the educational system participated, but banned from attending their educational centers due to the national teacher strike.

In collaboration with the department for comprehensive health and psychology, a psychological profile could be generated for each young person; the aim was to identify the individual progresses as well as risk factors and protectors these minors can count on. Some

results from the 2018 program were the diminution in drug- and/or alcohol use in the participating population and 3 of the young people reported to have quitted these habits. In addition, the EXPLORA test was carried out to assess the characteristics of young people, boys and girls, and their interests for the professional sector and to help them build up a life project.

Regarding the results obtained for the participating population in 2018, a total of 21 young people (81%) completed the year at CEPIA. From 26, 12 (46%) returned to school, 10 (38%) found a job, 7 (27%) went on attending the program and 2 (8%) stayed at home to take care of their children.

3.4 Professional training and social enterprises

3.4.1 Professional training

A total of **350** people graduated with a professional training at CEPIA during 2018.

Regarding the courses given by the National Vocational Institute (Instituto Nacional de Aprendizaje - INA), the following 7 courses were given, enabling a total of 76 people to graduate: food handling, pool operator, basic shipping and four courses on office applications (computing). The sites also provided two English courses from the INA, one part to become a bartender and waiter and another one that unfortunately had to be closed due to the presence of too few students (only 4).

Other courses given were food handling with Dr. Diana Fuentes (199 received a certificate), theory to get a driver's license (52 people completed it).

CEPIA, with volunteers Richard Ramírez and Keith Timpson, gave two free English courses to the community of Huacas (12 graduations) and San José de Pinilla (9 people graduated).

3.4.2 Social enterprises

CEPIA's restaurant has been successfully operating for 3 years. It is a social enterprise headed by a graduated woman from the CEPIA's professional training and supported by the extreme poverty program. This entrepreneurship enabled this family to find a way out of poverty and gave a job to two other women in the same situation.

CEPIA's "Mini Tienda" (mini-store) is a clothing store inside the community center that is operated by women belonging to the program intended for people in extreme poverty. This center collects clothes and other used articles to be given to families in extreme poverty. There are also cloth sales at very low prices and, with these funds, the women help each other like in a cooperative.

Another enterprise, Going Local, is leaded by adults graduated from the CEPIA's Youth group. This social enterprise offers a cultural and educational tour to tourists as well as an opportunity to live and share with the people staffed by CEPIA. Apart from employing people

in this area, it helps promote donations for CEPIA, produces supply chains and gives 10% of its gains to CEPIA.

3.5 Comprehensive support to families living in extreme poverty

All CEPIA programs indirectly contribute to fight poverty and extreme poverty. Nevertheless, specific initiatives are being developed to fight this issue:

Women's Committee: program that helps women in extreme poverty during one year, intervening during crises, bringing food assistance, legal consulting, psychological support, care and employability. In 2018, it concerned **11** women and their **32 children**, boys and girls. They received **107** food baskets, cloth donations, shoes, tools and help regarding immigration, education and health. In addition to committee members, other families in crisis received **58** food baskets and other material donations. Supported women engaged in a life project and realized voluntary work at CEPIA.

Delivery of school supplies to boys and girls living in poverty and extreme poverty. In 2018, school supplies were given to **600** minors and school uniforms to **450**.

Presents and Christmas party for vulnerable boys and girls living in poverty. In 2018, a total of **600** boys and girls received Christmas presents.

Cloth donations, shoes, toys, household appliances, and others to families living in poverty. These donations are brought to the CEPIA Community Center by people and businesses from the community. In 2018 and apart from the donations to the Women's Committee, **242** families received material donations.

3.6 Legal consulting

Free LEGAL SUPPORT from Lic. Max Chaves already helped many families that could not have paid legal services. The following **63** cases received free legal advice in CEPIA in 2018:

Allowances:	17 people assisted
Domestic violence:	11 people
Penal:	5 people
Private right:	3 people
Administrative law:	8 people
Family:	12 people
Labor:	7 people

3.7 Community library

During 2018, the community library at CEPIA opened its doors to the community and to the minors following internal programs. In this area, volunteers read books to kids, kids borrow books, people from the community can be assisted in writing a curriculum and searching for a job, computers can be lent to achieve tasks, workshops were proposed to the community about hygiene and infection control, basic computer training and short courses

for boys, girls and teens from the comprehensive daytime care.

1.3 Environmental education

At CEPIA, we have incorporated environmental education in all programs. In the programs regarding comprehensive daytime care, environmental issues and projects have been included in each age group, stories and talks, neighborhood cleanliness, of rivers and beaches; projects about reusing and recycling and celebration of anniversaries such as the World Environment Day. The surroundings of the beaches were cleaned after each extracurricular surf class in Selina and swimming class for young people at ConnectOcean.

The poverty program works with women to train them in productive projects for the environment. For example, in 2018, they received training about how to sort out usable waste to specially motivate social enterprises on environmental issues.

CEPIA works together with community groups and public enterprises to do public campaigns to clean beaches, collect recycling waste, collect non-traditional waste and celebrate anniversaries such as the World Environment Day. In 2018, this day has been celebrated by cleaning the beaches of Playa Grande, Brasilito and Tamarindo. Groups of communal schools such as La Paz, Educarte, Beyond Sports, Reserva Conchal, as well as volunteers and students from CEPIA participated in this campaign. Before or after the annual holiday camps, communities and strands were cleaned and information sessions made. In July 2018, a cleaning session in Brasilito and Tamarindo could be carried out with the help of Hyde Park School.

During 2018, the center of collecting recycling waste for the community opened and eased two campaigns to recycle electronic waste.

4. Partnerships and coordination between entities

A big part of what CEPIA could achieve was thanks to the coordination with other entities both public and private. In 2018, we had projects in collaboration with the following entities:

Institutions

- Patronato Nacional de la Infancia (PANI)
- Instituto Mixto de Ayuda Social (IMAS)
- Junta de Protección Social (JPS)
- Cruz Roja Costarricense
- Ministerio de Ciencia y Tecnología (MICIT) (computers in the library)
- Ministerio de Educación Pública (MEP) (preschool teachers)
- Instituto Nacional de Aprendizaje (INA) (courses for the community)
- Colegio Católico de Huacas
- Universidad Libre de Costa Rica (professional internships)
- Organismo de Investigación judicial
- Fuerza Pública (workshops and help during events)
- Policía Turística de Flamingo (workshops and help during events and crises)
- Ministerio de Salud, CCSS & Clínicas EBAIS

- Banco Nacional de Costa Rica (talleres)

Private enterprises

- Asembis
- Universidad Latina (TCU)
- Universidad Ulicori (professional internships)
- Coopeguanacaste (donations)
- Dra. Diana Fuentes (Food handling lessons, nutritional surveys)
- Hotel Sugar Beach
- Hotel Luna Llena
- Beach Side Clinic (Huacas)
- Hospital San Rafael Arcángel
- ConnectOcean Aquatic academy and dive center (swimming classes)
- Óptica Pacífico in Huacas
- La Paz Community School
- TIDE Academy
- Colores del Pacífico
- La Senda y Hotel Cala Luna
- Hotel Margarittaville Flamingo
- Diamante Eco Adventure Park

Sociedad civil

- Asociación de desarrollo integral (ADI)
- Asociación Banco de Alimentos
- Abriendo mentes
- Fundación CRUSA
- Association Salvemonos
- Association Futuro Brillante
- Strachan Foundation
- Fondo Comunitario Guanacaste
- Paul Chester Foundation
- Hero Academy

4 Funds and marketing

4.1 Financing

CEPIA achieved diversification of the revenue resources for its programs in order to achieve better stability and sustainability. In 2018, the institutional arrangements increased to raise the number of minors in the programs of comprehensive daytime care. In the same time, CEPIA applied to get help from national and international aid agencies to support extracurricular class programs, clubs for girls and to improve the infrastructure of the Comprehensive Community Center.

Collect of funds from private sources (persons and enterprises) and events. Donations to the association are deducible from taxes in Belgium, Canada, USA and Costa Rica.

Detailed Financial reporting on incomes and expenditures 2018 is to be found on our website: <https://cepiacostarica.org>

4.2 Publicity and marketing

CEPIA wrote articles and organized interviews in the following media:

- La Voz de Guanacaste
- Canal 7 Costa Rica (Más Que Noticias program)
- The Howler
- The Tamarindo New

- The Tico Times

The Facebook CEPIA Costa Rica Facebook page achieved 6798 “likes” by December, 31st 2018, an increase of 1598 “likes” compared with 2017.

4.3 Fundraising events for CEPIA:

- The event “Reserva Conchal Homeowners Charity Golf Tournament” raised \$11.000
- \$14.600 were raised during the event “Black and White Party” in Pangas.
- The event “Robert August Surf & Turf 2018” could raise \$25.000

As an additional information, for any suggestion or question about these events or about the CEPIA association, please contact:

Laetitia Deweer

Founder and Executive Vice President

Asociación pro Cultura, Educación y Psicología de la Infancia y la Adolescencia - CEPIA

Cédula Jurídica (legal ID): 3-002-417696

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Facebook: CEPIA Costa Rica

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APPENDICES

Extracurricular classes 1st semester 2018

Activity	Volunteer	Hours	School	Location	Grade	# Attendees
Monday						
Soccer	Belquis	4:30 to 5:30 pm	Huacas	field	5 to 7 years	30
Girls' Club	Kathia / Pauline	4:00 to 5:30 pm	El Llano	school	9 to 13 years	15
Swimming	Marta, Cindy, Fabio, Atoka, Gylian	4:30 to 5:30 pm	CIDAI / Garita nueva	Educarte	All	20
Tuesday						
Kids' Club	Atoka/ Gylian	2:00 to 4:00 pm	Huacas	CCI		12
Individual academic tutoring	Cindy Moreira Roxana Aguilar Ximena Jimena Bran	4:00 to 5:00 pm	Huacas	CCI	All	8
Soccer	Belquis	4:30 to 6:00 pm	Huacas	field	8 to 11 years	idem
Yoga	Mary & Debbi	9:00 to 10:00 am	La Garita	school	Kinder	15
Girls' Club	Kathia	4:00 to 5:30 pm	Potrero	school	4-5-6 grade	15
Martial arts, Hero Academy	Lola, Roma and Jerad	5:00 to 6:30 pm	Villarreal and Huacas	Tamarindo	All	7
Wednesday						
Swimming	Ernst / Juan Sio / Sophie Menou,	4:30 to 5:30 pm	Brasilito	CRIA	All	20
Soccer	Belquis	4:30 to 6:00 pm	Huacas	field	5 to 7 years	idem
SURF beginners	ANA, students tide academy and CAS / Hotel Selina	2:00 to 4:00 pm	Villarreal / Huacas	Tamarindo	All	12
Basketball	Marissa	4:30 to 5:30 pm	Brasilito	Jungle Gym	All	10
Girls' Club	Kathia	3:00 to 4:30 pm	Hernández	school	4-5-6 grade	10
Thursday						
Girls' Club	Kathia / Pauline	4:00 to 5:30 pm	Portegolpe	school	4-5-6 grade	20
Activity	Volunteer	Hours	School	Location	Grade	# Attendees

Girls' Club	Rocío / Atoka	4:00 to 5:30 pm	Brasilito	The Village	4-5-6 grade	25
Soccer	Belquis	4:30 to 6:00 pm	Cancha Huacas	Huacas	8 to 11 years	idem
Friday						
Yoga for children	Wendy	12:30 to 1:30 pm	Therapeutic Yoga	CCI	All	12
Soccer	Belquis	4:30 to 6:00 pm	Field Huacas	Huacas	5 to 7 years	idem
Soccer	Roberto	4:30 to 5:30 pm	Field Matapalo	Matapalo	10 to 12 years	15
Saturday						
Girls' Club	Kathia	1:00 to 2:30 pm	Santa Rosa	school	4-5-6 grade	15
Kids' Club Matapalo	Adam, Caroline, Fabricio CRIA	9:00 to 10:00 am	Matapalo	Futuro Brillante/ school	4-5-6 grade	10
Surf 4 Youth		8:00 to 9:30 am	All	Tamarindo	All	14
Girls' Club	Kathia	10:30 to 12:00 am	Matapalo	school	grade 4 and 5 and	15
Girls' Club	Kathia	8:00 to 10:00 am	Villarreal	Salon	4-5-6 grade	25
TOTAL						325

Extracurricular classes 2nd semester 2018

Activity	Volunteer	Hours	School	Location	Grade	# Attendees
Monday						
Soccer	Belquis	4:30 to 5:30 pm	Huacas	field	5 to 7 years	15
Soccer	Jerome - Jairo	4:00 to 5:00 pm	Brasilito	field	All	30
Girls' Club	Kathia	4:00 to 5:30 pm	El Llano	school	9 to 13 years	15
Girls' Club	Kathia	11:30 am to 1.00 pm	El Llanito	school	9 to 13 years	15
Movement Dance Studio	Gaby Abarca	6:30 to 7:30 pm	Huacas and	MDS	10-13	6
Activity	Volunteer	Hours	School	Location	Grade	# Attendees
Swimming	Maria Jurado	3:00 to 4:00 pm	CIDAI	Educarte	Todos	15

Tuesday						
Kids' Club	Atoka- Mihail	2:00 to 4:00 pm	Huacas	CCI	All	12
Kids' Club	Michelle Macluf	1:00 to 3:00 pm	Villarreal	Community hall	All	30
Individual academic tutoring	Cindy Moreira	8:00 to 12:00 am	Huacas	CCI	All	12
Soccer	Belquis	4:30 to 6:00 pm	Huacas	cancha	8 to 11 years	15
Yoga	Mary & Debbi	9:00 to 10:00	La Garita	school	kinder	15
Girls' Club	Kathia	4:00 to 5:30 pm	Potrero	school	4-5-6 grade	15
Soccer	Filimon Berrios	4:00 to 5:30 pm	El Llano	school	4-5-6 grade	30
Swimming	Ernst / Juan Sio / Sophie	4:30 to 5:30 pm	Brasilito	CRIA	All	15
Martial arts, Hero Academy	Lola, Roma and Jerad	5:00 to 6:30 pm	Villarreal and	Tamarindo	All	6
Movement Dance Studio	Gaby Abarca	4:30 to 6:30 pm	Huacas and	MDS	10-13	idem
Wednesday						
Soccer	Belquis	4:30 to 6:00 pm	Huacas	field	5 to 7 years	idem
SURF beginners	ANA, students Tide Academy and CAS / Hotel Selina	2:00 to 4:00 pm	Villarreal / Huacas	Tamarindo	All	12
Basketball	Marissa	4:30 to 5:30 pm	Brasilito	Jungle Gym	All	10
Girls' Club	Kathia	3:00 to 4:30 pm	Hernández	school	4-5-6 grade	10
Thursday						
Girls' Club	Kathia / Rocio / Wendy	4:00 to 5:30 pm	Portegolpe	school	4-5-6 grade	15
Girls' Club	Voluntaria Casa Brasilito	4:00 to 5:30 pm	Brasilito	The Village	4-5-6 grade	25
Soccer	Filimon Berrios	4:00 to 5:30 pm	El Llano	school	4-5-6 grade	Idem
Activity	Volunteer	Hours	School	Location	Grade	# Attendees
Soccer	Belquis	4:30 to 6:00 pm	Cancha Huacas	Huacas	8 to 11 years	idem

Friday						
Yoga for children	Wendy	12:30 to 1:30 pm	Therapeutic yoga	CCI	All	12
Girls' Club	Kathia	3:30 to 5:00 pm	San José	school	9-13 years	12
Soccer	Belquis	4:30 to 6:00 pm	Cancha Huacas	Huacas	5 to 7 years	idem
Soccer	Filimon Berrios	4:00 to 5:30 pm	El Llano	school	4-5-6 grade	idem
Saturday						
Girls' Club	Kathia	8:00 to 10:00 am	Villarreal	Community hall	4-5-6 grade	15
Girls' Club	Kathia	10:30 to 12:00 am	Matapalo	school	grade 4 and 5 and 6	15
Girls' Club	Kathia	1:00 to 2:30 pm	Santa Rosa	school	4-5-6 grade	15
Surf 4 Youth	Geovanny Espinoza	8:00 to 9:30 pm	All	Tamarindo	All	14
TOTAL						401

Voluntary work on a temporary basis and by university students

A total of **34** people did voluntary work temporal and realized college internships at CEPIA in 2018:

Name	Country	Institution	Dates
Stephanie Sonelli	Netherlands	Artesis Plantijn Hogeschool Antwerp	18/9/17-28/01/2018
Dindi Hiddink Verberne	Netherlands	Independent	16/10/2017-26/01/2018
Lorena Ceballos	USA	Independent	24/01/2018-29/01/2018
Jenifer Hernandez	USA	Independent	24/01/2018-29/01/2018
Nicole Hernandez Jimenez	CR	Villarreal high school	18/02/2018-1/12/2018
Pamela Gutierrez	CR	Villarreal high school	18/02/2018-1/12/2018
Nazareth Juarez	CR	Villarreal high school	18/02/2018-1/12/2018
Silver Ten Hoppe Saarberg	CR	TIDE	1/02/2018-01/03/2018
Cyrine Gallala	Belgium	Odisee	12/02/2018-04/05/2018
Estelle Girard	France	La Rochelle	25/02/2018 - 04/05/2018
Veronique Galmiche	France	La Rochelle	25/02/2018-15/04/2018
Tessa Stadelmann	Switzerland	EFS / Spanish school	5/3/2018 - 20/03/2018
Nathalie Merchie	Belgium	Doctor (independent)	5/3/2018-6/6/2018
Patty Robleto	USA-CR	Nurse (independent)	1/04/2018-17/04/2018
Byron, Damon & James (Just Three Amigos)	England	TRAVEL GIVING BACK TOURISM	22/03/2018 - 28/03/2018
Alexia Lucas	USA	The University of North Carolina at Chapel Hill, Chapel Hill, NC	20/05/2018-26/05/2018
Gylian Andreotti	France	La Rochelle	28/05/2018-17/08/2018
Pauline VIDAL	France	La Rochelle	17/06/2018-17/08/2018
Atoka Jo	Japan	New York University Abu Dhabi	12/06/2018-24/07/2018
Liesbet Willems	Belgium	Personal / Give back	26/06/2018-15/08/2018

Name	Country	Institution	Dates
Auysha Muhayya	USA	Sidwell Friends School	29/06/2018- 11/07/2018
Roberta Elizondo	ME	Roberta Elizondo	2/07/2018- 10/07/2018
Michiel Hendrickx	Belgium	Artesis Plantijn University College Antwerp	17/9/2017- 25/01/2018
Luis Andrey Solano Sancho	CR	UCR	4/09/2018- 30/11/2018
Dana Alvarado	CR	UCR	4/09/2018- 30/11/2018
Dianey Rodriguez	CR	UCR	4/09/2018- 30/11/2018
Leidy Marchena Diaz	CR	UCR	4/09/2018- 30/11/2018
Roberta Elizondo	Mexico	Travelers with Cause	7/12/2018- 14/12/2018
Nicole Blanco Conejo	CR	Universidad de San José	1/10/2018- 10/12/2018
Dylan Hoffman	CR	La Paz Community School	2018
Alexa Toman	CR	La Paz Community School	2018
Sibley Zepeda	CR	La Paz Community School	2018